



Curriculum Vitae

Dr. M. B. Owlia

Personal Information:

Last Name: Owlia
First Name: Mohammad Bagher
Date of Birth: 1968
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Education:

- 1987–1993:** Doctor of Medicine (MD) with distinction (Ranked First), Shahid Sadoughi University of Medical Sciences (SSUMS), Yazd, Iran.
- 1996-1998:** Residency in Internal Medicine (National Board Certification, Ranked Ninth nationally), Joint program at Shahid Sadoughi University of Medical Sciences (SSUMS), Yazd, Iran and Tehran University of Medical Sciences (TUMS), Tehran, Iran.
- 2001-2002:** Clinical fellowship, subspecialty in Rheumatology (National Board Certification, ranking third nationally), Iran University of Medical Sciences (IUMS), Tehran, Iran.

Awards and Achievements:

- 1993:** **Ranked First Position**, Graduated from the School of Medicine, SSUMS, Yazd, Iran
- 1998:** **Ranked Ninth Position**, National Board of Internal Medicine, Iran
- 2002:** **Ranked Third Position**, National Board of Rheumatology, Iran
- 2007:** **Best Researcher**, SSUMS, Yazd, Iran
- 2007:** **Excellence as the Best Teacher**, SSUMS, Yazd, Iran
- 2008:** **Ranked third position**, Winner of The Best Idea National Festival, Yazd city council, Yazd, Iran.
- 2009:** **National Excellence as the best physician in "Rational Use of Drug" (NUD)**. Isfahan, Iran

Fields of Interest and Clinical Activities:

- Rheumatoid arthritis,
- Vascular rheumatology: vasculitides and antiphospholipid syndrome,
- Spinal disorders: Non-surgical (epidural) management of lumbar radicular pain
- Alternative medicine in rheumatology.

Trainings:

Workshop Trainings:

1. 1998, Upper GI Endoscopy, Tehran, Iran
2. 2002, Bone Ultrasonography for clinical practitioners, Tehran, Iran
3. 2002, Bone Densitometry (NORLAND), Tehran, Iran
4. 2002, Bone Densitometry (GE LUUNAR DPX-MD+), Tehran, Iran
5. 2004, Strategic Planning Workshop, Yazd, Iran
6. 2004, Two- day workshop on SPSS, Yazd, Iran
7. 2004, Two- day workshop on Need Assessment, Yazd, Iran
8. 2004, One –day workshop on electronic journals (Ovid), Yazd, Iran
9. 2005, 1st national workshop on curriculum development, Tehran, Iran
10. 2005, One-day workshop on Bone densitometry interpretation, 6 Bahman, Tehran, Iran
11. 2006, How choose a statistical test, Yazd, Iran
12. 2007, Two-day workshop on Clinical Presentation Curriculum (by Prof. Harasym, Calgary Uni.) (CPC), 6-7 Ordibehesht, Yazd, Iran
13. 2008, Two-day national workshop on “Knowledge Transfer and Exchange” (KTE), 17-18, Bahman, Tehran, Iran

Seminars (Main Oral Presentations):

1. Rational prescription of medicine (2000) Karaj, Iran
2. Seminar on upper respiratory tract infections (2002)
3. Seminar on Osteoporosis (2003)
4. Seminar on Rheumatoid Arthritis (2003)
5. Low back pain (CME) (2003)
6. CME lecture for Iranian internists (SLE) (2003) Tehran, Iran
7. CME lecture for internists (RA) (21-7-81), Yazd, Iran
8. Needle Muscle Biopsy in IIM (2003), Tehran, Iran
9. Neurology in vasculitides, Neurology in systemic disorders (2004), Yazd, Iran
10. One day seminar on vasculitis, Small vessel vasculitis (2004), Yazd, Iran
11. One day seminar on vasculitis, mimickers of vasculitis (2004), Yazd, Iran
12. APS in CVA under 50, 11th Intl` Congress on Antiphospholipid Antibody, 14-18 Nov 2004, Sydney, Australia
13. Rheumatologic manifestations of IBD (2004), Yazd, Iran
14. Clinical pharmacology of Gout remedies (2004), Yazd, Iran
15. Musculoskeletal causes of chest pain (2004), Yazd, Iran
16. MRI in joint disorders, 27, Day (2004), Yazd, Iran
17. ARF - CME (2005), Yazd, Iran
18. R.A. laboratory and management – CME (2005), Yazd, Iran.
19. One –day seminar of Low back pain, Non-mechanical causes of LBP. 2005, Yazd, Iran
20. Herpes antibodies in uveitis, Saudi ophthalmology 2006 symposium, 26-29 March, (2006) Riyadh, Saudi Arabia
21. One-day seminar on Axial OA, clinical manifestations, Yazd, Iran, 25-8-2006
22. Three-day seminar of Gyn- ob, RA in pregnancy, 2006, Yazd, Iran

23. Annual congress of Iranian Rheumatology Association (IRA), Weekly oral cyclophosphamide in rheumatic disorders. Nov, 2008, Tehran, Iran.
24. Two- day seminar on history taking and physical exam, Semiotics in rheumatology, Feb 2009. Yazd, Iran

Professional Experiences and Positions:

- 1994-1996:** Director of Prevention Office, Behzisti (Veterans) organization, Yazd, Iran
- 2000-2008:** Assistant Professor, Department of Rheumatology, SSUMS
- 2003-Prest:** Director of Educational Affairs in Shahid Sadoughi Hospital (SSH), SSUMS
- 2003-Prest:** Chair of the Morbidity-Mortality Committee, SSH
- 2003-Prest:** Member of Faculty Research Council, Research Development Centre, SSH
- 2004-2008:** Head of the department of Internal Medicine, SSUMS
- 2004-Prest:** Trustee physician, Rheumatology branch, SSUMS
- 2004-Prest:** Member of Faculty EDC council, SSUMS
- 2004-Prest:** Member of scientific strategic committee, the Faculty of Medicine, SSUMS
- 2004-Prest:** Member of Rheumatology Research Centre (RRC), TUMS, Tehran, Iran
- 2005-2008:** Director of Registry centre, SSH
- 2005-Prest:** Member of Quality Improvement committee, the Faculty of Medicine, SSUMS
- 2005-Prest:** Member of post-graduate committee, the Faculty of Medicine, SSUMS
- 2006-2008:** Member of promotion committee, CME, SSUMS
- 2006-Prest:** Member of editorial board, Medical Journal of Sadoughi University, SSUMS
- 2006-2008:** Member of publication committee, SSUMS
- 2007-Prest:** Member of supreme University council, SSUMS
- 2008-Prest:** Deputy Dean, Faculty of Medicine, SSUMS
- 2008 (July-Sep)** Sabbatical at the University of Sheffield, UK; "The role of Chlamydia in arthritis"
- 2008-Prest:** Associate professor of rheumatology.
- 2008- Prest:** Member of justice committee, Yazd medical council.
- 2008- Prest:** Secretary, strategic planning in residency program, SSUMS.
- 2009- Prest:** Member of University committee for implementation of standards in medical school.

Occasional Professional Duties:

- 2004** Chairman, Seminar on Vasculitis, SSUMS, Yazd, Iran
- 2004** Chair man of CME Seminar on internal medicine, Yazd, Iran
- 2005** National Reviewer, Tehran University of Medical Sciences, Tehran, Iran
- 2006** Chairman, One-day Seminar on OA, Yazd, Iran
- 2006** International Reviewer, APLAR Journal of Rheumatology
- 2006** International Reviewer, Singapore Medical Journal
- 2006** International Reviewer, Saudi Medical Journal
- 2006** National Reviewer, Acta Medica Iranica, Aban
- 2009** Secretary, scientific committee of 1st national student Olympiad, SSU, Yazd, Iran.

Technical Background:

1. Upper GI endoscopy
2. Epidural steroid Injection (ESI)
3. Arthrocentesis and crystal analysis
4. Closed synovial biopsy
5. Needle muscle biopsy
6. Facet joint injection
7. Core bone biopsy
8. Bone marrow aspiration and biopsy.

9. Performing and interpreting Bone densitometry
10. Bimanual type writing
11. Persian and English Calligraphy

Publications:

▪ **Books:**

1. Hemodialysis, 1995
2. Rheumatologic secrets, ISBN: 964-8444-18-8, 2006
3. Rheumatoid Arthritis, RRC press, Tehran, Iran, 2005
4. Connective tissue diseases, RRC press, Tehran, Iran, 2006
5. Musculoskeletal diseases and infectious agents, RRC press, 2008, pages: 319-334
6. Rheumatology, diagnosis and therapeutics, laboratory tests, 2009, SSU press, ISBN: 978-964-844-27-8
7. Rheumatology patients guide (in press)
8. New challenges in rheumatology, autoantibodies in rheumatology, RRC press, Tehran, Iran, 2009, pages:53-68

▪ **Original Articles:**

1. Patients' Beliefs About the Effect of Food on Musculoskeletal Pain, **Owlia MB** (revision in progress)
2. Diffuse Alveolar Hemorrhage (DAH) in years, A Cohort Study, Early Design Phase, A.Halvani, **MB Owlia**, H. Soleimani
3. ANCA in Rheumatologic Disorders, A. Haghighi, J. Forghanizadeh, **M B Owlia**, M.Salekmoghadam, JIACM, Oct 2005, 6(3):216-219
4. The Cut-off Point of Dual Energy X-ray and Laser (DXL) of Calcaneus Method for Osteoporosis, Diagnosis in Postmenopausal Women. A. Salimzadeh, B. Forough, **Owlia MB**, S. Sharghi, G. Hossein Alishiri, Iranian journal of radiation research (IJRR), 2005;3(2):69-72. (Index Copernicus indexed)
5. APA in CVA under 50 years of age, **Owlia MB**, TUMS Journal (in Press)
6. Needle Muscle Biopsy using Pleural Biopsy Needle for Diagnosis of Inflammatory Muscle Diseases, **Owlia MB**, JIACM, 2005,6(4); 281-284 (Indmed indexed)
7. APA in CVA under 50 Years of Age, **Owlia MB**, J Indian Rheumatology Association, Dec 2005; 13:140-142
8. Effect of Ginger in Knee Osteoarthritis, A Haghighi, N Tavalaei, **M B Owlia**, Indian Journal of Rheumatology, June 2006; 1(1): 3-7
9. Amyloidosis in Long Lasted RA Cases using Subcutaneous Fat Pad Aspiration, **Owlia MB**, Journal of IUMS, 2006;13 (50):121-126
10. Prevalence of Deposition of Amyloid in Long Standing RA by Abdominal Fat Biopsy. BMC Musculoskeletal, **Owlia MB**, 2006, 7:43 (Medline indexed)
11. Osteoporosis in Elderly Women, **Owlia MB**, Iranian Journal of Surgery, 2006; 14(1), 71-78.
12. Vertebral Morphometry Reference Data by X-ray Absorptiometry (MXA) in Iranian Women, **Owlia MB**, Clinical Rheumatology, 2007; 26: 704-709 (Medline index)
13. Comparison of Two Doses of Corticosteroid in Epidural Steroid Injection in Lumbar Radicular Pains, **Owlia MB**, Singapore Med journal, 2007, 48 (3) (Medline Indexed)
14. Cryoglobulinaemia in Hepatitis-C Positive Patients in Iran, **Owlia MB**, Singapore Medical Journal, 2007; 48 (12): 1136-1139, (Medline indexed)
15. AOSD report of 28 cases and review of the literature, Mehrpour G, **Owlia MB**, Soleimani H, Ayatollahi J, Modern Rheumatology 2008; 18:480-485. (Pubmed indexed)
16. Interrelationship between radiographic findings of hand and bone mineral density in patients with rheumatoid arthritis, **Owlia MB**, Rezvaninejad S, Soleimani H, journal of SSUMS 2008, 16(2): 44-48.
17. Patients believes about the effect of food on musculoskeletal pain, Hormozgan Med J. 2008; 12(3)161-167.

18. Dexamethasone in peritonsillar abscess, *Journal of SSUMS*, 2009,16(4): 32-37

▪ **Review Article:**

- Clinical Spectrum of Connective Tissue Diseases, *JIACM*, July 2006; 7(3): 217-224. (Invited Review)
- Adult-onset Still's disease, 2009, *Indian Journal of Medical Sciences*, 2009, (PubMed indexed)

▪ **Case Reports:**

1. MTX- induced pneumonitis in a patient with PsA (case report). *Hormozgan Med J* 2002; 6(3):35-37
2. RSDS due to Cyclosporine (case report) *Hormozgan Med J*. 2002; 6(2):47-49
3. Scleroderma-like syndrome (Werner's syndrome) (case report) *J of IUMS* 2003;9(32):637-640
4. Adult onset still disease presenting first in pregnancy (case report) *J of SSUMS* 2003;11(2):67-70
5. Werner's syndrome in 3 members of a family, *Hormozgan Med J* (case report) 2003; 7(2):96-98
6. Oncogenic rickets associated with Schwannoma (case report). *Kowsar med J* 2003;8(4):34-44
7. Cryoglobulinemic vasculitis associated with hepatitis C virus (case report) *Hormozgan Med J* 2003; 7(3): 157-160
8. Intractable rickets as presenting feature of Wilson's disease(case report).(*J of Indian academy of clinical medicine* July-Sept 2004; 5(3):277-280 available at: <http://medind.nic.in/jac/t04/i3/jact04i3p277.pdf>
9. Familial aggregation of FMF in twins and Behcet's disease in their mothers , *journal of SSUMS* 2004, 12(2):87-90
10. Lesch-Nyhan's syndrome and Allopurinol desensitization (case report), *journal of TUMS*, 2004,62(6):457-500
11. Amyloid arthropathy with synovial calcification in the course of multiple myeloma (case report), *Alishiri Gh, Javadzadeh A, MB Owlia, Sadrodini S*. 11th APLAR congress Sept 11-15, 2004, Jeju, Korea (abstract book; page: 192-193)
12. Diabetic muscle infarction presenting as knee arthritis., *Haghighi A, MB Owlia, Alishiri Gh*. *SSUMS*, 2005,13(1), 71-75
13. Overlap syndrome with extensive lung involvement, *journal of SSUMS*, 2005, 12,(4); 95-99
14. Macrophage activation syndrome and TTP are they from single spectrum?, *JIACM* 2005, 6(4);337-40
15. LG syndrome,...
16. Hereditary sensory neural neuropathy (HSN-I), *APLAR Journal of Rheumatology* 2006; 9: 301-303 (Ovid indexed)
17. Graves disease as presenting feature of Wegener's granulomatosis. *journal of Tanaffos*, 2006; 5(4): 75-78
18. Successful control of Diffuse alveolar hemorrhage with Tranexamic acid, *journal of TUMS*, 2007, 64 (11);87-91
19. Multicentric reticulohistiocytosis, **Owlia, MB**; Mehrpoor, G; Soleimani, H, *APLAR journal of rheumatology*, Volume 10, Number 4, December 2007 , pp. 330-332(3)
20. Pseudotumor cerebri and Behcet's disease (case report), *Soleimani H, Karimi M, Owlia MB, Javadpour MR*, *journal of SSUMS* 2008, 16(2):80-83
21. Rituximab in AOSD, **Owlia MB**, Mehrpoor, G, *Journal of SSUMS*, 2009,16(4): 82-86

▪ **Letter to editor**

1. How to review a scientific manuscript? **Owlia MB**, *Shekiba M*, *SSUMS*, 2008, 16(2): 3-8

▪ **Proceedings of Meetings:**

1. APAs in CVA under 50 years of age, 11th Intl` congress on antiphospholipid antibody, **M. B. Owlia**, *Z. Dehghani, F. Fallah*, 14-18 Nov 2004, (Abstract book; page:625) Sydney, Australia, , Oral presentation.
2. Amyloid arthropathy with synovial calcification in the case of multiple myeloma, *Alishiri, Javadzadeh, Owlia MB* , 11th APLAR congress Sept 11-15, 2004, Jeju, Korea (abstract book; page: 192-193), (Poster presentation.)

3. Low dose vs. high dose corticosteroid in ESI for lumbar radicular pain, 1st intl. congress on MIST 2005, Tehran, Iran, May 5-7, 2005 (Poster Presentation)
4. MTX induced myelodysplastic syndrome. Alishiri A, Javadzadeh A, Jastan M, **MB Owlia**
5. Ophthalmopathy as presenting feature of Wegener's granulomatosis. 16th Iranian internal medicine congress, 2005, Tehran, Iran. Abstract Book, page 167
6. ARF in CME seminar, Abstract Book, page 25
7. Weill Marchessani syndrome a case report. ESHGH 2006, European journal of human Genetics May 2006.

Summary of University Teaching:

- Course module on pathophysiology of rheumatologic diseases for medical students: (2000-2002, IUMS), (2001-2002, Open University, Yazd), (2002-Present, SSUMS)
- Bedside teachings of topics in internal medicine to medical students (6-10 students), interns (2 interns), residents of internal medicine (1-2 resident)
- Bedside teaching of topics in rheumatology to all medical students and Internal medicine residents, 2000 – Present)
- Semiotics in rheumatology, 2004- Present

Supervision on Medical Theses:

1. Antiphospholipid antibodies in CVA under 50 years of age, 2004.
2. Lateral wedge insole in medial compartment knee OA
3. Cryoglobulinemia in HCV infected persons (residency thesis), 2006.
4. Relationship between bone density and bone erosions in RA, 2007.
5. Etiologic consideration in 3-month follow-up in patients with ESR above 90, 2007.
6. Evening versus morning prednisolon in chronic management of RA. 2008.
7. Lumbar versus caudal epidural steroid injection in LBP due to disc herniation, 2007.
8. Patients believes about the effect of food on musculoskeletal pain, 2006
9. Patterns of rheumatic disease in rheumatology clinics, Yazd, Iran. 2009.

Advisor on Medical Theses:

1. Obesity in patients with primary OA,
2. Clinical & demographic features of SLE in Yazd,
3. Demographic consideration of spinal & femoral osteoporosis- 2004
4. BMD in RA patients in Yazd ,
5. Epidural steroid in lumbar radicular pain,
6. Effect of Manna (Shirkhest) in infantile sweating.
7. Economic burden of RA in Yazd.
8. 6 months follow up of non-surgically managed patients with disc herniations. 2008
9. Systemic steroid in peritonsillar abscess, (Residency Thesis), 2008
10. SPEP patterns in nonspecific polyarthralgia.(residency thesis).
11. Rate of satisfaction of patients with RA in Yazd. 2006
12. Antiphospholipid antibodies in venous thromboembolism, (Residency thesis), 2008

English Language Proficiency Certification:

- Speaking: Rather good
- Reading: Excellent
- Listening: Rather good
- Writing: Good

Hobbies:

Calligraphy, Swimming, Medical Photography, Technical issues.

Reference:

J. Forghanizadeh, Professor of Medicine, Rheumatologist, Emeritus of IUMS.
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